



Uka Tarsadia University

Asha M. Tarsadia Institute of Computer Science and Technology

Report on Expert E-session

Professional Practices in Modern Life from Shreemad Bhagavad Geeta

Date: 12th April, 2024

Venue: J.D hall, UTU

Time: 1.00 PM Onwards

Total No. of Participants: 180

Name of Expert: Professor (Dr.) Vedvyas J. Dwivedi
Executive vice-president, Indus university, Karnavati, Bharat

Event Coordinator: Mr. Jay Patel, Mr. Keyur surati, Ms. Dipashree Patel

Program Objective: To Spirituo-Professional Practices in Modern Life from Shreemad Bhagavad Geeta

- Perform your duties without attachment to the fruits of your actions; focus on the process and let go of expectations."
- "Practice mindfulness in every task, staying fully present and focused on the present moment."
- "Lead with integrity and honesty, upholding ethical standards and transparency in all your dealings."
- "Practice patience and tolerance, understanding that everyone is on their unique journey."
- "Embrace change and adaptability, recognizing that life is constantly evolving and offering growth opportunities."
- "Strive for balance in all aspects of life, including work, family, health, and spiritual growth."
- "Value simplicity and minimalism, focusing on what truly matters and letting go of unnecessary distractions."
- "Serve others selflessly, offering your skills and talents for the benefit of the community and the world."
- "Seek knowledge and wisdom continuously, remaining open to learning from diverse sources and experiences."
- "Practice self-discipline and self-control, balancing your desires with your responsibilities."
- "Cultivate a sense of detachment from material possessions, finding joy and fulfilment in experiences and relationships."

- "Express gratitude and appreciation freely, acknowledging the contributions of others and the blessings in your life."
- "Maintain a positive attitude and outlook, cultivating optimism and resilience in the face of challenges."

Event Photos:




UKA TARSADIA UNIVERSITY
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E-SESSION

Spirituo-Professional Practices in Modern Life from Shreemad Bhagavad Geeta

Session expert
Prof. (Dr.) Vedvyas J. Dwivedi
Executive Vice-President,
Indus University, Karnavati, Bharat

Organized by
Department of Computer Science and Engineering
Asha M. Tarsadia Institute of Computer Science and Technology, Uka Tarsadia University

 **12TH APRIL, 2024, 13.00 - 14.30 HRS.**
@ JD HALL, UTU

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